

# American Heart Association CPR/AED/First Aid Class Options



	Certification Available*	Class Length	Cost
<b>Basic Life Support (BLS) Provider</b>	Yes	4 hours	\$60
<b>Family &amp; Friends (Hands-Only CPR)</b>	No	1 ½ hours	\$10
<b>Heartsaver CPR/AED</b>	Yes	3 hours	\$60
<b>Heartsaver CPR/AED K-12</b>	Yes	3 hours	\$10
<b>Heartsaver CPR/AED/First Aid</b>	Yes	5 hours	\$60
<b>Heartsaver CPR/AED/First Aid K-12</b>	Yes	5 hours	\$20
<b>Heartsaver First Aid Only</b>	Yes	2 hours	\$40

\* students able to physically perform skills required will receive the certification



*Class cost includes all materials and certification/completion card as appropriate. Instructor-led, hands-on class format. Class lengths include all portions of the class materials, times may fluctuate slightly based on student needs and questions. Classes can be customized to meet the needs of our students, just ask!*

## Basic Life Support (BLS) Provider

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BLS is geared towards prehospital providers, like EMTs, paramedics, fire fighters, and in-facility hospital providers. Upon successful completion of the course, students receive a course completion card, valid for two years. Please contact your employer to ensure that you are selecting the correct course.

## Family & Friends® (Hands-Only) CPR

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The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible.

## Heartsaver® First Aid CPR AED

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Heartsaver First Aid CPR AED is geared towards anyone with little or no medical training who needs a course completion card for their job, regulatory (e.g., OSHA), or other requirements or anyone who wants to be prepared for an emergency in any setting. Upon successful completion of the course, students receive a course completion card, valid for two years. Please contact your employer to ensure that you are selecting the correct course.